



Azure Destinations Passport to HappiNESS Challenge



We are cruising into the tropical port of Fiji! Our FOCUS this week is on the nutrition part of happiNess with our Over the Rainbow Freggie Roundup.

Earn your passport stamp as you eat a rainbow of veggies!



How do you earn your passport stamp for Fiji?

1) Eat a rainbow of freggies on at least four days of the Focus week: Red,

Orange/Yellow, Green, and Blue/Purple.



2) Eat 5+ servings of freggies on at least four days of the Focus week.

3) Report back on the Azure chat thread using this seashell



saying that you participated.

4) Extra! Extra! Make a meal plan for the Focus week and you'll earn some

personal attention from a special bartender



and some island goodies too!